

46th Annual Report 2015 – 2016



Ararat Retirement Village Inc.

AGENDA FOR THE ANNUAL MEETING OF CONTRIBUTORS AND LIFE GOVERNORS 2016.

The Annual General Meeting of Contributors and Life Governors of Ararat Retirement Village Inc. will be held at the 'William Bryant Community Centre,' Albert Street, Ararat at 7.30 pm on Wednesday 14th September 2016.

BUSINESS:

- 1. To confirm minutes of the Annual General Meeting held on Wednesday 9th September 2015 and of any General Meeting held since then.
- 2. To receive the report of the Committee of Management and Audited Statement of Accounts for the year ending 30th June 2016.
- 3. To elect the following 4 Committee Members, all of whom are eligible for re-election:
 Dr Eric Van Opstal, Mr Alan Dunn, Mr David Marland, Mr Phil Roberts
- 4. To transact any other business of which at least seven days' notice has been given.
- 5. To appoint an Auditor for 2016/2017 financial year.

<u>Guest Speaker: Michelle Breed – Specialist eHealth Manager</u> for West Victoria Primary Health Network – Electronic Patient Records



Ginger Rogers and Fred Astaire eat your heart out! Horsham Rockers Wayne Lang & resident Pam Hamilton show everyone how it's done!

COMMITTEE OF MANAGEMENT

From 1st July 2015 to 30th June 2016

PRESIDENT

Dr D. Pope

SNR VICE PRESIDENT

Mr D. Marland

JNR VICE PRESIDENT

Mr S. McMahon

HONORARY TREASURER

Mr P. Roberts

COMMITTEE MEMBERS

Mrs M. Robson, Mrs T. Gemmola, Mr D. Marland, Mrs G. McLean, Dr E. Van Opstal,

SUB COMMITTEES

President and Chief Executive Officer are ex-officio on all Committees Finance Committee: P. Roberts, S. McMahon, D. Marland

AUDITOR

RSM Australia Partners

ACCOUNTANT

Sertori & Co.

BANKERS

Australian and New Zealand Banking Group

CHIEF EXECUTIVE OFFICER/DIRECTOR OF CARE

Ms Robyn Woods-Gebler



Gorrinn Village resident, Yorky, reveals his gentle side with an adoring fan.

STAFF MEMBERS

2015 - 2016

CHIEF EXECUTIVE OFFICER/DIRECTOR OF CARE: Robyn Woods-Gebler

MANAGER – ADMINISTRATION & FINANCE: Barb Jardine

ADMINISTRATIVE ASSISTANTS: Matthew Christian, Krystal Ferguson, Melina Grey,

Santhosh Jose, Helen McRae

CARE-CO-ORDINATOR: Beth Leggett

REGISTERED NURSES DIVISION 1: Robyn Woods-Gebler, Susan Davis, Robyn Oliver,

Sue McAdie, Christine McArthur, Tammi Plunkett,

Johanna Simmonds, Trudy Scott de Costa

ENROLLED NURSES: Mary Bramstedt, Catherine Dellar, Joanne Knight,

Sheena Braddick

PERSONAL CARE STAFF:

| Sandra Bailey | Carmen Devonshire | Helen Jeffrey | Karen O'Neill | Michelle Sonego |
|-------------------|-------------------|-------------------|--------------------|-----------------|
| Luseane Beale | Simon Doyle | Casey Johns | Arvind Pahwa | Fay Steel |
| Larna Berry | Darian Duns | Tamara King | Jonah Palamo | Aimee Stewart |
| Mila Blackwell | Ma. Ana Encartado | Pedrita Lopez | Veeda Pearce | Alysha Stocks |
| Vicki Boyd | Caroline Frankum | Sarah McIntosh | Sushmita Pudasaini | Dianne Taylor |
| Julie Burton | Maria Galoso | George Milojevic | Margaret Ralph | Helen Thomas |
| Vanessa Cashman | Susan Goulter | Rachael Murray | Justine Robinson | Denise Vilmos |
| Matthew Christian | Margaret Handley | Robyn Newell | Karen Roche | Douglas Ware |
| Frances Clark | Janice Hewitt | Erin Olerhead | Karissa Schumann | Katrina Wilson |
| Yvette Coory | Bronwyn Hunter | Karen Kinnersly | Anne Shalders | Maree Wilson |
| Lisa Davis | Annette James | Genara O'Loughlan | Lauren Smith | |

LEISURE and LIFESTYLE CO-ORDINATOR: Sue Antonio

ASSISTANTS: Delma Brown, Veeda Pearce, Jill Jenkins

FOOD SERVICES STAFF: Julie Burton, Susie Curran, Bev Ferguson, Bruce

Thomas, Amanda Whatley, Kathleen Wills

Anita Wilson

ENVIRONMENTAL SERVICES STAFF:

Gloria Elder Sandy Burton Helen Sheffield Annette Thompson Robyn Campbell James Hartwich Leah Shields Lisa Traynor Jennifer Dowling **Kylie Simmonds** Alice Voyages Rachel Hollis KathleenWills Bev Ferguson Charmaine Swanwick Emma Leggett

MAINTENANCE/GARDENING: David Braddick, Wayne Kinnersly, Neil Murray

Frank Poplawski, Trevor Quick

HAIRDRESSER: Georgina Larkin, Tania McKinnis, Louise Gray



Rod James & resident Beryl James are devoted mother and son.

LIFE GOVERNORS

| MR F McCARTHY | 1981 | MR P ROBERTS | 2010 |
|----------------|------|-----------------|------|
| MRS S SHANNON | 1984 | DR D POPE | 2010 |
| MRS J GUNSTONE | 1991 | MRS S HALVORSEN | 2010 |
| MR B FRANCIS | 1997 | MRS J WHEELER | 2010 |
| MRS G RHOOK | 1999 | | |

DONATIONS Financial Year to 30/6/16

During the 2015/16 financial year we received donations from individuals, community organisations, residents and family members.

These donations contribute to care and help to enhance the lifestyle of all our residents at the Retirement Village.

We thank you all



Residents Barney and Bonnie O'Neill happily folding wash cloths.

A picture of wedded bliss!

PRESIDENT'S REPORT

2015 - 2016

It is with great pleasure that I present the 46th President's Report for the Ararat Retirement Village.

The ARV, now rechristened Gorrinn Village, has once again had a successful and interesting year, with a significant profit to put towards further expansion. In line with our long term plan to continually maintain and upgrade the independent living units, another two units were completely refurbished over the past year with more planned for the coming 12 months. All the units are currently occupied. The unit residents are active in the Village, joining in on the activities and special functions. I would especially like to thank Teresa Gemmola, one of our board members, for her work in encouraging the ILU residents to join in fully with the Gorrinn Village family.

But the Village and the board cannot afford to rest on our laurels. Australia's population is ageing, with many more of us having active lives into our 80's and 90's, and the Ararat district is no exception. There is a strong need to plan for the future and ensure that the Village complex can grow to accommodate our older citizens at all levels of care. Much of the discussion at board level over the past year has concerned the need to extend and improve our existing services and before my tenure as president is over, I expect that we will be moving forward with another round of building works. Last year we commenced plans to purchase the sections of Flattely St across the road for a car park. As expected, the process is working its way gradually through a number of government departments, but hopefully sooner or later we will conclude the purchase.

I would like to acknowledge the long hours and hard work of our CEO Robyn Woods-Gebler. As always, Robyn has kept the Village running smoothly with close attention to resident care and staffing. In this, she has been assisted by Barb Jardine, our invaluable financial manager. Aided by our dedicated staff, they have maintained the high standards of care and have made

the Village a caring, homelike environment that, I hope, fulfils the expectations of our residents.

I would like to thank the members of the Ladies Auxiliary for their dedicated and ongoing support of the Village residents. Thanks also to the volunteers who give up many hours of their time for the enjoyment of the residents.

Finally, I would like to thank my fellow board members. Without the presence, enthusiasm, and long hours of work and study by the board, I am sure that the Village would not be the way it is today. In particular, I would like to thank Marg Robson, who retired from the board after serving for 28 years- an incredible record.

Dr Derek Pope **President - Board of Governance**



Lynda Gellert and Jan & Derek Pope lead us all in a sing-a-long for Happy Hour!

REPORT OF CHIEF EXECUTIVE OFFICER/ DIRECTOR OF CARE

2015 - 2016

This has been another successful year for Gorrinn Village. We have continued to enjoy full occupancy both in the independent living units and the residential care facility.

A number of innovative practices were debuted during the year.

In catering, this includes the employment of a second cook during the week to allow catering staff the time to not only prepare the highest quality daily meals but to also use special moulds that ensure texture modified food is presented as attractively as possible. In addition, international meal theme nights occur monthly and Bruce has started up the Village Cakery online which allows members of the public to purchase his delicious cakes and desserts.

Another innovative practice involves providing residents with meaningful tasks in a program entitled 'Contributing to the Village Community". It is difficult for residents to regard a residential care facility as "home'. When most of the tasks of daily living are done for you, people tend to feel more like a guest rather than part of a community. While the standard lifestyle program provides plenty of outings, the celebration of special events and entertainment, it was lacking in meaningful occupation. It is important for people to feel useful. Initially all residents were consulted about what they might like to do. As a result of that, we have residents who peel vegetables for the kitchen, a resident who assists the laundry staff to deliver clothes, and residents who clean shoes, deliver the mail and newspapers and a range of other very useful tasks. Both the staff and residents have embraced the concept and a noticeable improvement in resident wellbeing has been observed in those taking part.

In October 2015 we rebranded our "fete" as the Village Market. An expanded list of stall holders along with hard work from a large number of staff, Board members and volunteers gave us our most successful event for many years. We have decided to only hold this every second year due to the large amount of work involved.

The year has seen the usual focus on financial viability in the face of never ending government reductions to aged care funding and this becomes more difficult every year. In spite of this, the Village is looking to the future with possible expansion of services as well as exploring the brave new world of consumer directed care. A complex concept which was introduced in Home Care this year and may be on the horizon for residential care, it will completely alter the way everything is done and we want to ensure we are prepared.

While our Accreditation Audit was slightly outside the 2015-2016 year as it occurred in early August, it is worth noting here rather than in next year's report. A two day audit was conducted by the Aged Care Quality Agency. We were deemed to be compliant with all 44 of the Expected Outcomes and have been accredited for another 3years. This result is always a group effort but special mention should be made of the contribution of Doug Ware, who not only performed his own role but that of his absent colleague. In doing so, Doug 'burned the midnight oil' week after week in the lead up to the audit and the Village is immensely grateful to him for his dedication.

While we thank all our staff at the Village for their contribution to the resident's quality of life there are some who require a special mention this year.

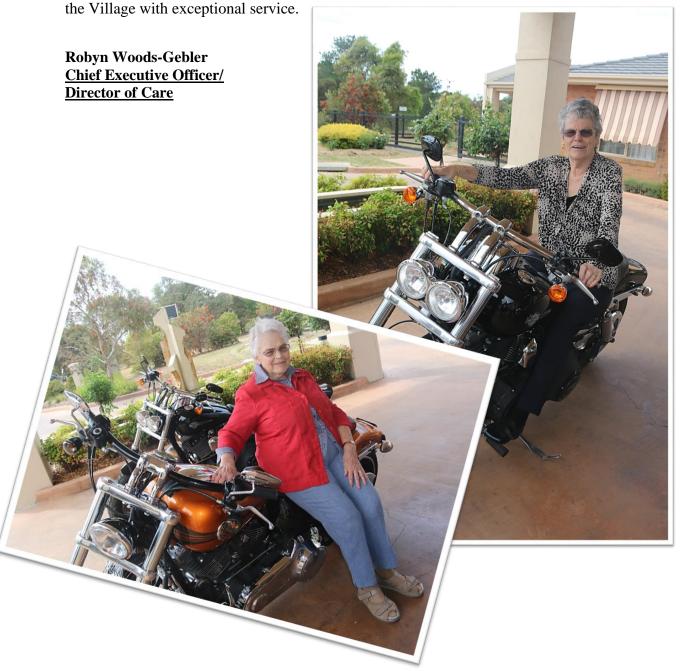
The first is Sue Antonio. It was with deep regret we farewelled Sue after 18 years as Leisure and Lifestyle Coordinator. There are so many memories to choose from as Sue created a unique atmosphere. Kind, funny and dedicated are only a few of the words which come to mind. Residents and staff alike will miss her very much but we do wish her every happiness in her new life.

The second is Susan Goulter –our 'jack of all trades". Officially a personal carer Sue is responsible for all our care funding claims and rostering of care staff. In reality, she also works on the floor when people call in sick, takes residents to appointments, runs errands up the street, keeps an eye on the delivery of care and innumerable other tasks. Without her willingness to just do whatever is asked of her when it needs doing, the facility would be far less efficient and we are very grateful for her efforts.

And lastly we congratulate Karissa Schumann on attaining her Diploma in Nursing. One of our personal carers, Karissa has not had an easy road to this qualification but she persevered through a number of difficulties and setbacks that would have caused a less determined person to abandon the struggle. We are delighted to – finally - welcome Karissa to the ranks of our enrolled nurses.

As usual I also express my gratitude to Barb Jardine. Her contributions above and beyond the call of duty are invaluable and greatly appreciated.

I would also like to thank the Board of Governance for their unceasing support. This year has seen several of them experience personal difficulties themselves yet they continue to provide



GORRINN HOUSE LADIES AUXILIARY REPORT

2015-2016

What a pleasure it has been for Nola and I to head up the Ladies Auxiliary this past year. This could not happen without our committed and conscientious group of ladies who are always there to support our endeavours. As an auxiliary, we like to think we contribute to the lifestyle and comfort of our residents.

The assistance given by the staff is greatly appreciated as we often need to involve them, particularly the Activities staff when we host bigger events. We would also like to thank the kitchen staff as they help out when we cater for our monthly afternoon teas and the annual Christmas Party held in December. Both the Hostel and Independent Living residents look forward to the first Sunday in December.

To Robyn Woods-Gebler, we appreciate the time given to us at meetings and for always being there for us to have a discussion regarding any requests for the residents. Thank you Robyn. To Barbara Jardine who is always there for us to ask her advice. Thank you Barbara.

To Melina Grey, where would we be without your assistance from the office? Your contribution is so much appreciated. It seems whatever we ask for it is never too much trouble. Thanks so much. Our association with Sue Antonio has been a valuable one. We have always needed her input when money was being spent to assist with the activities for the residents. It is always lovely to see the smiles of the residents when new activities are introduced and we can see that our fundraising efforts are so worthwhile. Sadly we had to farewell Sue recently and we wish her well for the future.

Our fundraising efforts resulted in us raising a total of \$3,155 which, when added to our cash reserves, enabled us to hand over a cheque for \$3650. This money was used to purchase 4 x sliding chairs as well as some art supplies, games and entertainment by Parker's Circus.

We are really grateful for the help given to us by staff and family members when we have the Trash and Treasure market each February. Our other activities during the year included the Biggest Morning Tea, serving in the canteen each week and many of our members volunteer with weekly activities as well as outings in the bus.

To Nola, our Secretary/Treasurer, my particular thanks for her willingness to assist in any way and as an excellent keeper of our funds. Your attention to detail is much appreciated by all the members as well as always emailing our minutes and rosters so promptly. To Jan Ayer, thank you for standing in whenever I have been absent.

I would also like to encourage any people who would like to be a part of our group to contact any member. You will be most welcome and I know your involvement will bring a smile to many faces. So, it is with much pleasure that I present this annual report on behalf of the Ladies Auxiliary.

Joy Wheeler President – Ladies Auxiliary



To buy or not to buy – that is the question!

Resident Shirley Wortley enjoying the displays at the Imperial Egg Gallery at Beaufort.

2015/16 IN REVIEW

A year of community and companionship!



A year of commitment and compassion!



The story of Sue!



Sue first came to Gorrinn Village in 1998. Another young, enthusiastic, victim worker, and we were pleased to have her! Since that time she has made a huge difference for the better in the lives of both the residents, staff and family.









There's no doubt we'll miss you, Sue...

Sue has consistently sacrificed her time, her resources and her dignity in an effort to provide the best in entertainment and activities – and we love her for it!

Some of the events in which she has participated are:

- Happy Hour
- The Ice-cream Cart
- The Village Olympics & Commonwealth Games
- Beach Party
- Father's Day
- Mother's Day
- Gorgeous Grandma's
- Valentine's Day
- Melbourne Cup
- Anzac Day
- Baby Day
- Ladies Outings
- Men's Outings
- Christmas
- BBQ's
- Shoe Shines
- Pamper Sessions
- Cook 'n' Chat
- Craft
- Visiting School Children
- Easter
- Various styles of dancing
- Vintage Cars
- Birthdays
- Memorials
- Life stories
- Sheep Dog Trials
- Queen's Birthday
- St Patrick's Day
- Concert Productions
- Pyjama Day

and many, many more!





Over the years we've seen many sides to Sue.





6

Shocked and surprised!

No. Laurie...
I can't marry
you!

The back side. Sue's racked up many miles!



The hard working & conscientious side.



The independent side!



The incredulous side!

... and we'll miss all of them!



The fun-loving and sociable side!